

PATIENTGRAM

Newsletter

February 2021

Coordination of Benefits

If you have multiple insurances, please make sure to contact each insurance company at the beginning of each year to verify who is primary and who is secondary (this is called Coordination of Benefits). If this is not done, claims could potentially be paid incorrectly or the unpaid balance could become the responsibility of the patient.



Scan Card Now Required for Allergy Injections

For your safety, your scan card for shots is an added layer of identification. We are now requiring everyone to have a scan card, which properly identifies each patient coming in for allergy treatment. If you do not have a scan card, simply check-in at the front desk at the normal

location where you receive your shot. As always, your first card is free. If a replacement is required, there is a nominal \$2.00 fee for the new card.

Should you get the COVID-19 vaccine if you have allergies?

In short, unless you know you are allergic to an ingredient in the vaccine, yes. The CDC advises that even if you have a history of severe allergies unrelated to the vaccine, you should get vaccinated. This would include people with food or pet allergies, latex allergies, environmental allergies and more. In fact, the CDC states that it is safe for almost everyone with allergies to get the vaccine, unless you are allergic to polyethylene glycol (PEG), polysorbate or another ingredient in the vaccine. Per the CDC, "The two COVID-19 vaccines currently available in the United States do not contain eggs, preservatives or latex." If you've had allergies to other vaccines, they advise you to speak with your doctor to get a specific health recommendation for the COVID-19 vaccine.

The **American College of Allergy, Asthma and Immunology** echoes the CDC and clarifies that "People with common allergies to medications, foods, inhalants, insects and latex are probably no more likely than the general public to have an allergic reaction to the mRNA COVID-19 vaccines."

It is recommended, "If you have a history of allergies to other vaccines or if you have concerns about getting the COVID-19 vaccine, you should consult your physician for guidance tailored specifically to you."

Bottom Line

Many people have questions regarding the COVID-19 vaccine that is rolling out across the country. The CDC, FDA and top health professionals attest to the safety of the vaccine and the importance of vaccination for public health. For people with allergies unrelated to specific ingredients in the vaccine, there should not be concern for an allergic reaction. If you have specific questions, consult your doctor for more individual advice.

Full Article: <https://www.eatingwell.com/article/7886273/covid-vaccine-allergies/>

Happy 10 Year Anniversary, Evette!

Evette has been with ACT for 10 years; she lives in South Tulsa with her husband Sean and two daughters Ella and Aria.

Evette is an RMA and began her career with ACT as an allergy shot giver and moved on quickly from there as a RAD nurse, rooming nurse, Dr. Naimeh's nurse (for many years), extract admin and now mixing.

ACT is so blessed to have someone as diverse as Evette, she is a problem solver, an amazing nurse, she is compassionate not only about the patient's but also the clinic and co-workers as well.

Evette, we at ACT wish you a happy 10 year anniversary!



ACT Continues to Enforce Infection Control Guidelines!

- 1) Mask - Always!
- 2) 6 feet apart
- 3) Only patient can attend visit or 1 guardian may accompany children under the age of 18.
 - A) Siblings **NOT** Allowed
- 4) Infection screening at door still in place

Be Respectful

Our Screeners and front desk staff are carrying out the directions of our Immunologists. Please do not argue or otherwise disrespect them.

Closings During Inclement Weather



In the event inclement weather is in the forecast, please go to our Website or Facebook page to check our status.

In addition, all patients enrolled in the ACT Patient Portal or Allergy Tracker will receive an electronic notification.

Allergy Tracker App



Being on time for your allergy injections is extremely important. Sign up for the Allergy Tracker App to receive text reminders when it's time to get an injection, when you have missed a shot, and other notifications.

To sign up, please speak with a receptionist at the front desk at any of the ACT clinics or call (918) 307-1613.

Contact Us

Give us a call for more information about our services.

Allergy Clinic of Tulsa

Local: (918) 307-1613

Toll Free: (800) 475-1124

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Visit us on the web at

www.allergyclinicoftulsa.com

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