# September 2020 - Samantha Andrews

Congratulations to Samantha Andrews, our September Volunteer of the month! Samantha has been volunteering with us for 7 years. She started out as a Run Lead for our In-Training for Peachtree program in 2013 and she comes back every year because she loves the training, the staff, and the training participants. Thank you, Samantha, for your leadership and dedication to this program and to our participants!

#### What is your favorite Atlanta Track Club event? Why?

Hands down, the AJC Peachtree Road Race. It is a fun party down Peachtree!

# What is one of your best memories from volunteering at any race?

My most memorable volunteering experience was as a course monitor for the U.S. Olympic Team Trials - Marathon this year. I was at Mile 20 and it was just amazing to watch the Olympic hopefuls as they competed for a spot on the team.

# What is your favorite thing about volunteering with Atlanta Track Club? What brings you back?

I love the Atlanta Track Club staff: Coach Amy Begley and her team are phenomenal. For training, we are a family. We spend so much time together and we have formed an amazing tribe. As a run lead, we also help people to push their bodies to new levels to reach their goals.



#### Do you have a favorite volunteer assignment?

A Run Lead. We spend a lot of time working with participants and building relationships with them. To watch participants go from their initial starting point to completing their desired race is a great feeling. The fact that many of our participants come back each season speaks volumes.

#### What other organizations do you volunteer for and why?

I volunteer with Delta Sigma Theta, City of Decatur, and my employer. I enjoy serving my community and meeting new people.

#### What do you do for a living?

I am biology professor at Perimeter College at GSU.

### Do you have any advice or words of wisdom for any new Atlanta Track Club volunteers?

Volunteering is great way to connect with the running community. It will give you a new perspective on the logistics of planning and hosting a race.

## Tell us something interesting about yourself - an interesting fact or story that will help us get to know you...

I love fun workout clothes. I have a collection of some of the most colorful leggings. I actually try on a few outfits before each race to make sure I am coordinated. I like to keep it fun and funky on the pavement.