2021 Bluegrass Orthopaedics' AAA Shoulder Course:
Arms, Arthroscopy, & Arthroplasty

October 15th – 17th, 2021

Friday Location: The Mane on Main & Keeneland Racetrack
Chase Tower, 201 East Main Street, Suite 1500, Lexington, KY 40507

Saturday & Sunday Location: Bluegrass Orthopaedics
3401 Yorkshire Medical Park, Lexington, KY 40509

Host Hotel: Lexington Marriott City Center
121 W Vine Street, Lexington, KY 40507

Friday October 15th

10:30	Registration – The Mane on Main
11:00 – 11:15	Opening Remarks – Ryan Donegan, M.D., M.S., Bluegrass Orthopaedics
11:15 – 12:15	Keynote Address – Surena Namdari, M.D., Rothman Orthopaedics
1:00 – 7:00	Enjoy Keeneland Racing, Bourbon Country, or other sites across the Bluegrass

Saturday October 16th

7:00 – 8:00	Registration and Breakfast
8:00 – 8:10	Opening Remarks Ryan Donegan, M.D., M.S. Orthopaedic Surgeon, Bluegrass Orthopaedics
8:10 – 8:30	Owen McGonigle, M.D. Orthopaedic Surgeon, Bluegrass Orthopaedics "The Labral Tear in the Overhead Throwing Athlete"
8:30 – 8:50	Tim Uhl, PT, ATC, PhD Professor, The University of Kentucky "Return to Play After Labral Surgery"
8:50 – 9:00	Discussion
9:00 – 9:20	Ryan Donegan, M.D., M.S. Orthopaedic Surgeon, Bluegrass Orthopaedics "Management of the Large/Massive Rotator Cuff Tear in the Young Patient"
9:20 – 9:40	Brian Leggin, PT, DPT, OCS Physical Therapist, Good Shepherd Penn Partners "Evidence-Based Post-Surgical Rotator Cuff Rehabilitation"

9:40 – 9:50 Discussion

9:50 – 10:00 Break

10:00 – 10:20 Trevor Wilkes, M.D.
Orthopaedic Surgeon, Wellington Orthopaedic & Sports Medicine
"Use of Biologics in the Treatment of Shoulder Disorders"

10:20 – 10:40 Jill Manners, ScD, LAT, ATC, PT, COMT
Athletic Training Program Director, University of Georgia
"Effectiveness of Manual Therapy for the Shoulder"

10:40 – 10:50 Discussion

10:50 – 11:10 Brent Morris, M.D.
Orthopaedic Surgeon, Baptist Health – Lexington
"Operative Management of AC Joint Injuries in Athletes"

11:10 – 11:30 Aaron Sciascia, PhD, ATC, PES, SMTC
Associate Professor, Department of Exercise & Sport Science, Eastern Kentucky University
"Non-Operative Management of AC Joint Injuries"

11:30 – 11:40 Discussion

11:40 – 12:00 Panel Discussion

12:00 – 1:00 Lunch Provided

1:00 – 2:00 Virtual Operating Room – Review of Anatomy & Consequence of Injury

2:00 – 2:15 Break

2:15 – 5:15 Breakouts

Group 1	Group 2	Group 3
2:15 – 3:15: Operating Room	2:15 – 2:45: Motion Emphasis	2:15 – 2:45: Strength Emphasis
3:30 – 4:00: Strength Emphasis	3:15 – 4:15: Operating Room	3:00 – 3:30: Motion Emphasis
4:15 – 4:45: Motion Emphasis	4:30 – 5:00: Strength Emphasis	4:15 – 5:15: Operating Room

Sunday October 16th

7:00 – 8:00 Registration and Breakfast

8:00 – 8:10 Opening Remarks
Michelle McCallum, PT, DPT, OCS, cert. MDT – Bluegrass Orthopaedics

8:10 – 8:30 Brent Morris, M.D.
Orthopaedic Surgeon, Baptist Health – Lexington
"Biomechanics of Reverse Total Shoulder & Biomechanical Implications of Implant Design"

8:30 – 8:50 Tim Uhl, PT, ATC, PhD, FNATA
Professor, Department of Physical Therapy, The University of Kentucky
"Biomechanics of the Scapula Post-Reverse Total Shoulder Arthroplasty"

8:50 – 9:00	Discussion
9:00 – 9:20	Ryan Donegan, M.D., M.S. Orthopaedic Surgeon, Bluegrass Orthopaedics "Management of the Subscapularis During Anatomic Total Shoulder Arthroplasty"
9:20 – 9:40	Brian Leggin, PT, DPT, OCS Physical Therapist, Good Shepherd Penn Partners "Post-Operative Rehabilitation Consideration for the Subscapularis"
9:40 – 9:50	Discussion
9:50 – 10:00	Break
10:00 – 10:20	Trevor Wilkes, M.D. Orthopaedic Surgeon, Wellington Orthopaedic & Sports Medicine "Common Complications After Total Shoulder and Reverse Total Shoulder"
10:20 – 10:40	Marty Kelley, PT, DPT, OCS Physical Therapist, Good Shepherd Penn Partners "Rehabilitation of Difficult Arthroplasty Cases"
10:40 – 10:50	Discussion
10:50 – 11:10	Ryan Donegan, M.D., M.S. Orthopaedic Surgeon, Bluegrass Orthopaedics "Proximal Humerus Fractures: Plate, Nail, or Replace?"
11:10 – 11:30	Michelle McCallum, PT, DPT, OCS, cert. MDT Physical Therapist, Bluegrass Orthopaedics "Upper Quarter Clinical Assessment of the Shoulder Post-Humeral Fracture"
11:30 -11:40	Discussion
11:40 – 12:00	Panel Discussion
12:00 – 1:00	Lunch Provided

1:00 – 3:00 Breakouts

Group 1	Group 2	Group 3
1:00 – 1:30: Operating Room	1:00 – 1:30: Patient Case Report	1:00 – 1:30: Patient Case Report
1:45 – 2:15: Patient Case Report	1:45 – 2:15: Operating Room	1:45 – 2:15: Patient Case Report
2:30 – 3:00: Patient Case Report	2:30 – 3:00: Patient Case Report	2:30 – 3:00: Operating Room

3:15 Adjournment & Certificates