

## COPD Program

Your Empath Health care team has identified you or your loved one as being at risk for breathing problems. Because of this, we have requested equipment and medication to assist if you or your loved one experience shortness of breath.

Empath Health provides you with equipment, medication and education to help you manage any shortness of breath at home. After you are admitted to Empath Health, a nurse will visit to assist with training in the use of the equipment, medications and to answer any questions you may have about the program. You and your RN case manager can discuss how often the nursing visits will occur to ensure that you remain comfortable in your home.

### Equipment

#### Oxygen Concentrator

An oxygen concentrator is a medical device used to deliver oxygen for conditions that cause or result in low levels of oxygen in the blood. It works much like a window air conditioning unit by:

- Taking in air from its surroundings
- Compressing the air
- Removing nitrogen from the air
- Adjusting delivery settings
- Delivering the purified oxygen



#### Nebulizer Machine

A nebulizer machine is a medication delivery device used to deliver medication in the form of a mist inhaled into the lungs. Inhaled medication is more rapidly delivered to the lungs, providing faster relief from the feeling of shortness of breath.



#### Medication

Oral medications may include lorazepam (Ativan®) to relieve anxiety, ipratropium bromide/albuterol solution (DuoNeb®) to relieve shortness of breath and morphine sulfate oral solution, used to treat pain and shortness of breath. Empath Health provides instruction on the dosage of each medication and how to properly administer the dose.



Call Empath Health with any questions (888) 855-2838:

**Empath Hospice | Hospice of Marion County | Suncoast Hospice | Suncoast Hospice of Hillsborough  
Tidewell Hospice | Trustbridge Hospice**

[EmpathHealth.org](http://EmpathHealth.org)