



Name: \_\_\_\_\_ Date of birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_\_

Height: \_\_\_\_\_' \_\_\_\_\_' Weight: \_\_\_\_\_ lbs. Pharmacy Name/Phone Number: \_\_\_\_\_

Referring Physician Name: \_\_\_\_\_

Please describe problem(s) you are here for today: \_\_\_\_\_  
\_\_\_\_\_

How long have you had the problem? \_\_\_\_\_

If an injury, where did it occur? ☐ Home ☐ School ☐ Auto ☐ Other \_\_\_\_\_ Date of Injury: \_\_\_\_/\_\_\_\_/\_\_\_\_

Where is the majority of your pain? ☐ Leg Pain Rt / Lt / Both ☐ Back { % } Leg { % } Back  
☐ Arm Pain Rt / Lt / Both ☐ Neck { % } Arm { % } Neck

Pain Scale (Check One Number): MILD MODERATE SEVERE  
☐ None ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ 8 ☐ 9 ☐ 10

Onset of Pain: ☐ Sudden ☐ Chronic ☐ Gradual Worsening

Duration of Pain: ☐ Occasional ☐ Intermittent ☐ Frequent ☐ Constant

Describe Pain: ☐ Sharp ☐ Aching ☐ Stabbing ☐ Burning ☐ Numbness ☐ Cramping

What makes it feel better? ☐ Bending Forward ☐ Sitting ☐ Standing ☐ Bending Back ☐ Walking ☐ Lying Flat












What makes it feel worse? ☐ Bending Forward ☐ Sitting ☐ Standing ☐ Bending Back ☐ Walking ☐ Lying Flat

Is your pain activity related? ☐ Yes ☐ No Does the pain wake you from your sleep? ☐ Yes ☐ No

What does the pain keep you from doing? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_












### What is your level of Back or Neck Pain?

Please circle only **ONE**

0	1	2	3	4	5	6	7	8	9	10
										
No pain	Mild, annoying pain	Nagging, uncomfortable, troublesome pain	Distressing, miserable pain	Intense, dreadful, horrible pain	Worst possible, unbearable, excruciating pain					

### What is your level of Leg or Arm Pain?

Please circle only **ONE**

0	1	2	3	4	5	6	7	8	9	10
										
No pain	Mild, annoying pain	Nagging, uncomfortable, troublesome pain	Distressing, miserable pain	Intense, dreadful, horrible pain	Worst possible, unbearable, excruciating pain					

### PREVIOUS TREATMENT FOR THIS PROBLEM

Diagnostic Testing (Please list name of facility and date of service):

- ☐ CT \_\_\_\_\_  
☐ MRI \_\_\_\_\_  
☐ EMG \_\_\_\_\_  
☐ X-Ray \_\_\_\_\_  
☐ Other \_\_\_\_\_

Anti-Inflammatories: ☐ Helpful ☐ Not Helpful Name of Anti-Inflammatory: \_\_\_\_\_

Injections: ☐ Helpful ☐ Not Helpful Type of Injection(s) and Date of Injection: \_\_\_\_\_

Physical Therapy: ☐ Helpful ☐ Not Helpful Name of PT Facility and Duration of PT: \_\_\_\_\_

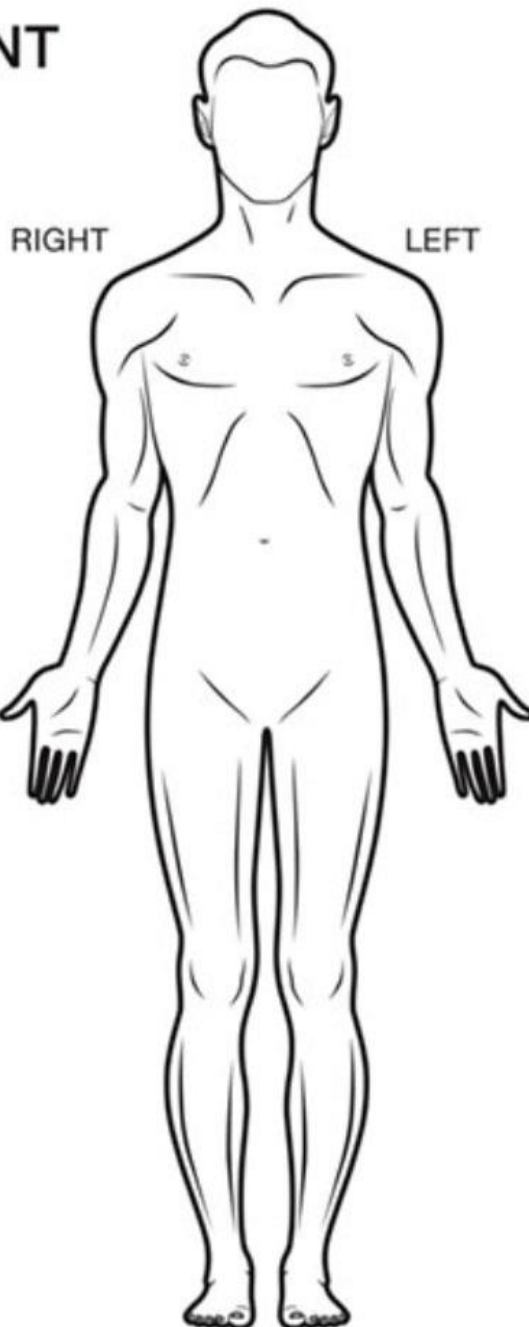
Chiropractics: ☐ Helpful ☐ Not Helpful Name of Facility and Duration of treatment: \_\_\_\_\_

Other Treatment: \_\_\_\_\_

Using these symbols, mark the drawing below to describe the pain that you are having.

Numbness	=====	Aching	^^^^^^^^^^^^^^^^	Pins and Needles	oooooooooooo
Stabbing	////////////////	Burning	xxxxxxxxxxxxxxxx	Cramping	+++++

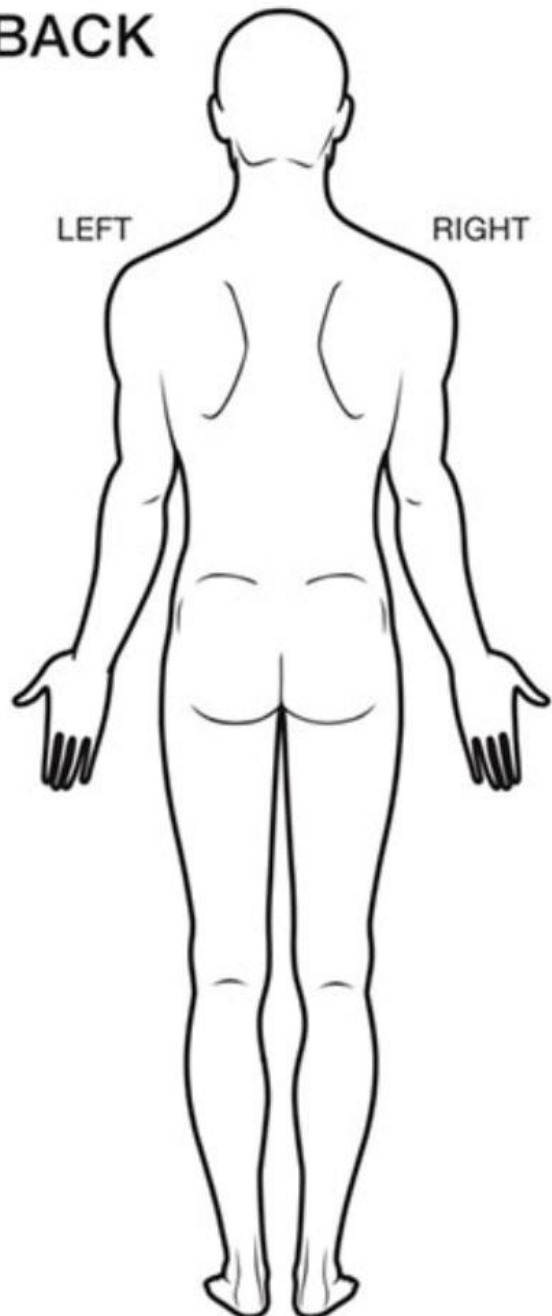
FRONT



RIGHT

LEFT

BACK



LEFT

RIGHT

**MEDICAL HISTORY** *Check the boxes that correspond to diagnoses you have been given in the past*

ADD/ADHD	Diabetes Mellitus	Inflammatory Bowel Disease
Allergies	Eating Disorder	Liver Disorder
Anemia	Emphysema	Nerve/Muscle Disease
Anxiety	Genitourinary Disease	Obesity
Arthritis	GERD	Osteoporosis
Asthma	Glaucoma	Pneumonia
Bleeding Disorder	Headaches	Seizures
Cancer	Hearing Loss	Skin Disease
Congestive Heart Failure	Heart Disease	Stroke
COPD	Hepatitis	Substance Abuse
Coronary Artery Disease	HIV/AIDS	Thyroid Disease
Dementia	Hyperlipidemia	Ulcers (GI)
Depression	Hypertension	Vision Problems

**SURGICAL HISTORY** *Check the boxes that correspond to surgeries you have had in the past*

Abdomen Surgery	Eye Surgery	Spine Surgery
Adenoidectomy	Gallbladder Surgery	Stent
Appendectomy	Heart Surgery	Tonsillectomy
Breast Surgery	Hernia Repair	Tubal Ligation
CABG (Bypass Surgery)	Hysterectomy	Upper GI Endoscopy
Colonoscopy	Joint Replacement	Valve Repair
Cosmetic Surgery	Orthopedic Surgery	Weight Loss Surgery
C-Section	Sinus Surgery	

**FAMILY HISTORY** *Check the boxes that correspond to your family history* ☐ Adopted

	Arthritis	Asthma	Cancer	Depression	Diabetes	Early Death	Heart Disease	High Cholesterol	Hypertension	Stroke
Mother										
Father										
Sister										
Brother										
Grandfather										
Grandmother										

**MEDICATIONS** *List your medication name, strength and frequency*

Name of Drug	Strength	Frequency	Name of Drug	Strength	Frequency

**ALLERGIES** ☐ NKDA *List your allergies and reactions*

Medication Allergy	Reaction

**SOCIAL HISTORY**

Alcohol	Do you drink alcohol? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, how many drinks per week? _____
Tobacco	Do you use tobacco? <input type="checkbox"/> Yes <input type="checkbox"/> No
	<input type="checkbox"/> Cigarettes: ____ packs per day <input type="checkbox"/> Dip: ____ # per day <input type="checkbox"/> E-Cig/Vape
	<input type="checkbox"/> Pipe: ____ # per week <input type="checkbox"/> Cigars: ____ # per week
	How many years have you used tobacco? _____ What year did you quit? _____ <input type="checkbox"/> Currently Smoking
Drugs	Do you currently use recreational or street drugs? <input type="checkbox"/> Yes <input type="checkbox"/> No
	If yes, what kind?

**REVIEW OF SYSTEMS** *Check the boxes that correspond to any symptoms you are **CURRENTLY** experiencing.*

SKIN	CARDIOVASCULAR	ENDOCRINE
Rash	Heart Attack	Diabetes
Psoriasis	Irregular Heartbeat	Thyroid
EYES	Chest Pain	HEMATO-IMMUNOLOGIC
Vision Loss	Chest Pressure	Bleeding Tendencies
Double Vision	GASTROINTESTINAL	Bruise Easily
EARS	Weight Loss	Recurrent Infections
Decreased Hearing	Weight Gain	PSYCHIATRIC
Ringing in Ears	Abdominal Pain	Depression
NOSE	Liver Disease	Hallucinations
Sinus Problems	Constipation	Anxiety
Breathing Problems	GENITOURINARY	
THROAT	Kidney Stones	
Sore Throat	Bladder Infections	
Hoarseness	Blood in Urine	
Snoring	MUSCULOSKELETAL	
RESPIRATORY	Osteoporosis	
Shortness of Breath	Rheumatoid Arthritis	
Asthma	Gout	
Bronchitis	NEUROLOGICAL	
Pulmonary EMB/DVT	Seizures	
Cough	Headaches	