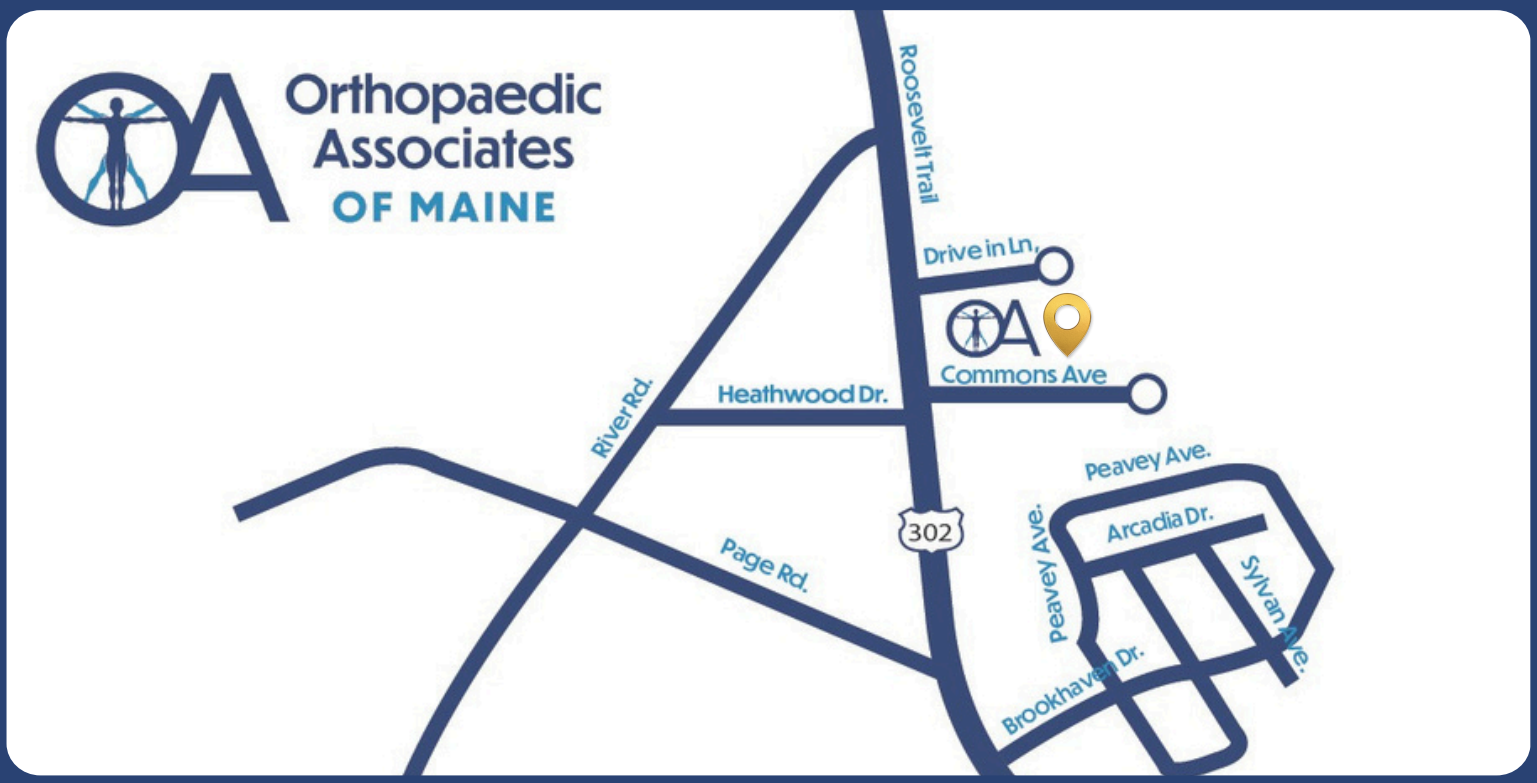
WINDHAM LOCATION

4A Commons Ave.,Windham, ME 04062



From the North (e.g., Gray, New Gloucester, Lewiston/Auburn):

- Take I-95 South (Maine Turnpike) to Exit 63.
- Turn left onto Route 115 West toward North Windham.
- Continue on Route 115 for about 10 miles, passing through the center of North Windham.
- Turn left onto Route 302.
- Turn left onto Commons Ave.
- Orthopaedic Associates is located at 4A Commons Ave., on the left.

From the South (e.g., Portland, Westbrook, Scarborough):

- Take I-95 North (Maine Turnpike) to Exit 48.
- Turn left onto Larrabee Rd, then right onto Route 25 West toward Gorham.
- Follow Route 25 for about 8 miles, then turn right onto Route 237 North (County Rd).
- Continue approximately 6 miles, then turn right onto Route 302 East toward Windham.
- Turn left onto Commons Ave.
- Orthopaedic Associates is located at 4A Commons Avenue, on the left.