



WELCOME TO MARLOW'S, WE TAKE GREAT PRIDE
IN SOURCING THE FRESHEST INGREDIENTS POSSIBLE.

★
WE HANDLE ALL INGREDIENTS WITH
CARE AND PREPARE THESE DISHES
WITH YOUR DIETARY NEEDS IN MIND.

ALL THE ITEMS USED TO PREPARE
THESE DISHES ARE GLUTEN FREE.
HOWEVER, THERE MAY BE A HIGHER
CHANCE OF TRACE AMOUNTS OF
GLUTEN FROM THE OIL ITSELF.

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LET YOUR CHEF KNOW ABOUT ANY
ALLERGIES OR SENSITIVITIES SO
WE CAN PREPARE A MEAL
ESPECIALLY FOR YOU.

MENU ITEMS THAT DO NOT HAVE
GLUTEN FREE (GF) BY THEM, ARE
PREPARED IN A SHARED FRYER.

START | SNACK

GF - SOUP OF THE DAY PD

Please Ask Your Server if Today's Soup is 100% Gluten Free

TRUFFLED PARMESAN FRIES 6

Hand-Cut Tavern Fries, Truffle Oil, Parmesan

J.T.'S KETTLE CHIPS 9

Crispy Potato Chips, Gorgonzola Cheese, Scallion,
Roma Tomato, Bacon

TAVERN WINGS 12

Crisp Celery, Carrots, House-Made Gorgonzola Dressing

GF - MARLOW'S FAMOUS HUMMUS 8.5

Classical Creamy Hummus, Crisp Veggies, Extra Virgin Olive Oil

SMOKED TROUT DIP 8.5

Smoked Trout, Olive Oil, Horseradish, Fresh Herbs,
House-Made Potato Chips

CRISP, COOL SALADS

Gluten Free Salad Dressings Include : Ranch, Caesar, Honey Lime Vinaigrette,
Sweet Herb Vinaigrette, Creamy Gorgonzola, Dijon Vinaigrette

GF - TAVERN 6.5

Baby Artisan Field Greens, Boston Bibb, Radish, Carrot, Garbanzo,
Spiced Seeds, Sweet Herb Vinaigrette
Grilled Chicken +5 | *Grilled Salmon +9.5

*GF - BLACK AND BLUE STEAK 15.5

Grilled Beef Tenderloin, Field Greens, Vine Ripe Tomato, Crumbling Gorgonzola,
Scallion, Pickled Red Onion, Creamy Gorgonzola Dressing

GF - CLASSIC CAESAR 7

Romaine Hearts, Tuscan Kale, Chopped Egg, Parmesan,
Oven Roasted Tomato, Caesar Dressing
Blackened Chicken +5 | *Blackened Salmon +9.5

CHICKEN TORTILLA 12.5

Prestige Farms Chicken, Field Greens, Avocado, Tomato, Carrot, Cucumber,
Fresh Cilantro, Tortilla, Honey Lime Vinaigrette

*ASIAN AHI TUNA 15.5

Spice Crusted Ahi Tuna, Field Greens, Roma Tomato,
Fresh Avocado, Edamame, Cucumber

BIG BAR SANDWICHES

Sandwiches Can Be Prepared in a Crisp Lettuce Wrap, Corn Tortillas or No Bread
Your Choice of Side Bar Selection

GF - INFAMOUS FISH TACOS 13

Blackened Mahi Mahi, Red Cabbage & Jicama Slaw,
Black Bean Corn Salsa, Smoked Chili Cream

GF - THE CUBAN 11.5

Slow Roast Pork, Black Forest Ham,
Swiss, Pickle, Mustard Mojo Slather

GF - BUFFALO CHICKEN WRAP 11.5

Grilled Chicken, Spicy Buffalo Sauce, Jack Cheese, Lettuce, Tomato, Ranch

TAVERN FAVORITES

*GF - GRILLED ATLANTIC SALMON 19

Kale, Grapes, Toasted Almonds, Beurre Blanc

*GF - GRILLED CENTER CUT FILET 25

Crispy Smashed Red B Potato, Tiny Green Beans,
Red Wine Demi Reduction

GF - SHRIMP & GRITS 17

Jalapeño Corn Grits, Sautéed Spinach,
Roma Tomato, Shallot, Roast Tomato Beurre Blanc

CLASSIC TAVERN BURGERS

Burgers Can Be Prepared in a Crisp Lettuce Wrap, Corn Tortillas or No Bread
Your Choice of Side Bar Selection

*GF - TAVERN BURGER 11

Our Classic, Simple and Seasoned Perfectly, Romaine, Red Onion, Roma Tomato

Add any Cheese in the Kitchen +1.5

*Try our House-Made Tomato Bacon Jam...it's delicious...and FREE
Not a fan of beef? Sub with grilled Prestige Farms Chicken*

*GF - GRILLED CHICKEN SANDWICH 10.9

*GF - BLACK AND BLUE BURGER 13

Gorgonzola, Apple-Wood Smoked Bacon

*GF - ROYALE WITH CHEESE 15

Wagyu Beef Seared Perfectly & Stacked, American Cheese, Dill Pickle

SIDE BARS

ALL 3.5

NICE SMALL SALAD • HAIL LITTLE CAESAR SALAD
FRESH FRUIT • JALAPEÑO CORN GRITS

KID'S FUN FOODS | ALL 5

*GF - TWO TINY BURGERS

Two Mini Marlow's Burgers with Cheddar Cheese
No Bun or in a Crisp Lettuce Wrap

*BIG KID STEAK +4.5

Grilled Tenderloin Cooked the Way Mom Likes it,
Tavern Fries and Steamed Broccoli

GF - TAVERN-STYLE CHICKEN FINGERS

Grilled Chicken Skewered With Honey Mustard

SWEET STUFF

GF - CLASSIC CREME BRULEE 6

This NYC Classic, House-Made with Madagascar Vanilla Bean and Crispy Sweet Crust

GF - SCOOP VANILLA BEAN ICE CREAM 3

ICE COLD BEERS

ACE PINEAPPLE CIDER, CA ABV 5.0 (GLUTEN FREE) 6.00
STONE DELICIOUS IPA, CA ABV 7.7 (GLUTEN REDUCED) 7.00



ITEMS MARKED WITH AN ASTERISK MAY BE SERVED RAW OR UNDERCOOKED:
CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS
MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS. BURGERS, STEAKS, TUNA AND SALMON
COOKED TO ORDER. 3