



**WELCOME TO MARLOW'S, WE TAKE GREAT PRIDE  
IN SOURCING THE FRESHEST INGREDIENTS POSSIBLE.**

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WE HANDLE ALL INGREDIENTS WITH CARE AND PREPARE THESE DISHES WITH YOUR DIETARY NEEDS IN MIND.

ALL THE ITEMS USED TO PREPARE THESE DISHES ARE GLUTEN FREE. HOWEVER, THERE MAY BE A HIGHER CHANCE OF TRACE AMOUNTS OF GLUTEN FROM THE OIL ITSELF.

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LET YOUR CHEF KNOW ABOUT ANY ALLERGIES OR SENSITIVITIES SO WE CAN PREPARE A MEAL ESPECIALLY FOR YOU.

MENU ITEMS THAT DO NOT HAVE GLUTEN FREE (GF) BY THEM, ARE PREPARED IN A SHARED FRYER.

## START I SNACK

### GF - SOUP OF THE DAY PD

Please Ask Your Server if Today's Soup is 100% Gluten Free

### TRUFFLED PARMESAN FRIES 6

Hand-Cut Tavern Fries, Truffle Oil, Parmesan

### J.T.'S KETTLE CHIPS 9

Potato Chips, Gorgonzola Cheese, Scallion, Roma Tomato, Bacon

### TAVERN WINGS 13.5

Crisp Celery, Carrots, House-Made Gorgonzola Dressing

### GF - MARLOW'S FAMOUS HUMMUS 8.5

Creamy Hummus, Crisp Veggies, Extra Virgin Olive Oil

### SMOKED TROUT DIP 8.5

Smoked Trout, Olive Oil, Horseradish, Fresh Herbs, House-Made Potato Chips

## CRISP, COOL SALADS

Gluten Free Salad Dressings Include : Ranch, Caesar, Honey Lime Vinaigrette, Creamy Gorgonzola

### CHOPPED SALAD 8

Romaine, Garbanzo, Radish, Tomato, Cucumber, Green Olives, Red Pepper, Summer Squashes, Carrots, Cheese, Egg, Pumpkin Seeds, Sesame Honey Lime Dressing  
Grilled Chicken +5 | \*Blackened Salmon +9.7

### \*GF - BLACK AND BLUE STEAK 15.5

Grilled Beef Tenderloin, Field Greens, Vine Ripe Tomato, Crumbling Gorgonzola, Scallion, Pickled Red Onion, Gorgonzola Dressing

### GF - CLASSIC CAESAR 7

Romaine Hearts, Tuscan Kale, Chopped Egg, Parmesan, Roasted Tomato, Caesar  
Blackened Chicken +5 | \*Blackened Salmon +9.7

### \*ASIAN AHI TUNA 15.5

Spice Crusted Ahi Tuna, Field Greens, Kale, Napa Cabbage, Carrots, Red Peppers, Roma Tomato, Fresh Avocado, Edamame, Cucumber, Miso Soy Vinaigrette, Wonton

## TAVERN FAVORITES

### \*GF - GRILLED ATLANTIC SALMON 18.7

Kale, Grapes, Toasted Almonds, Beurre Blanc

### \*GF - GRILLED CENTER CUT FILET 25

Crispy Smashed Red B Potato, Tiny Green Beans, Red Wine Demi Reduction

### GF - SHRIMP & GRITS 17

Jalapeño Corn Grits, Sautéed Spinach, Roma Tomato, Shallot, Roast Tomato Beurre Blanc

### GF - GRILLED HERB CHICKEN 17

Cauliflower Rice, Green Beans, Caramelized Onion, Roasted Chicken Jus

## BIG BAR SANDWICHES

Sandwiches Can Be Prepared in a Crisp Lettuce Wrap, Corn Tortillas or No Bread  
Your Choice of Side Bar Selection

### GF - INFAMOUS FISH TACOS 13

Blackened Tilapia, Red Cabbage & Jicama Slaw, Black Bean Corn Salsa, Smoked Chili Cream

### GF - THE CUBAN 11.7

Slow Roast Pork, Black Forest Ham, Swiss, Pickle, Mustard Mojo Slather

### GF - BANH MI WRAP 12.5

Glazed Chicken, Napa Cabbage, Cucumber, Cilantro, Vietnamese Sweet & Spicy Firecracker Sauce

### \*GF - GRILLED CHICKEN 9.9

Prestige Farms Chicken, Romaine, Red Onion, Roma Tomato

## CLASSIC TAVERN BURGERS

Burgers Can Be Prepared in a Crisp Lettuce Wrap, Corn Tortillas or No Bread  
Your Choice of Side Bar Selection

### \*GF - TAVERN BURGER 10

Our Classic, Simple and Seasoned Perfectly, Romaine, Red Onion, Roma Tomato, Tomato Bacon Jam  
Add any Cheese in the Kitchen +1.8

### \*GF - BLACK AND BLUE BURGER 13.5

Gorgonzola, Apple-Wood Smoked Bacon

### \*GF - ROYALE WITH CHEESE 15.5

Wagyu Beef Seared Perfectly & Stacked, American Cheese, Dill Pickle

## SIDE BARS ALL 4

NICE SMALL SALAD • HAIL LITTLE CAESAR SALAD  
FRESH FRUIT • JALAPEÑO CORN GRITS

## KID'S FUN FOODS | ALL 5

### \*GF - TWO TINY BURGERS

Two Mini Marlow's Burgers with Cheddar Cheese  
No Bun or in a Crisp Lettuce Wrap

### \*BIG KID STEAK +4.5

Grilled Tenderloin Cooked the Way Mom Likes it,  
Tavern Fries and Steamed Broccoli

### GF - TAVERN-STYLE CHICKEN FINGERS

Grilled Chicken Skewered With Honey Mustard

## SWEET STUFF

### GF - CLASSIC CREME BRULEE 6

This NYC Classic, House-Made with Madagascar Vanilla Bean and Crispy Sweet Crust

### GF - SCOOP VANILLA BEAN ICE CREAM 3

\*ITEMS MARKED WITH AN ASTERISK\* MAY BE SERVED RAW OR UNDERCOOKED;  
CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS  
MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS. BURGERS, STEAKS, TUNA AND SALMON  
COOKED TO ORDER. 1