



WELCOME TO MARLOW'S, WE TAKE GREAT PRIDE IN SOURCING THE FRESHEST INGREDIENTS POSSIBLE.

★ WE HANDLE ALL INGREDIENTS WITH CARE AND PREPARE THESE DISHES WITH YOUR DIETARY NEEDS IN MIND.

ALL THE ITEMS USED TO PREPARE THESE DISHES ARE GLUTEN FREE. HOWEVER, THERE MAY BE A HIGHER CHANCE OF TRACE AMOUNTS OF GLUTEN FROM THE OIL ITSELF.

★ LET YOUR CHEF KNOW ABOUT ANY ALLERGIES OR SENSITIVITIES SO WE CAN PREPARE A MEAL ESPECIALLY FOR YOU.

MENU ITEMS THAT DO NOT HAVE GLUTEN FREE (GF) BY THEM, ARE PREPARED IN A SHARED FRYER.

## START | SNACK

### GF - SOUP OF THE DAY PD

Please Ask Your Server if Today's Soup is 100% Gluten Free

### TRUFFLED PARMESAN FRIES 6

Hand-Cut Tavern Fries, Truffle Oil, Parmesan

### J.T.'S KETTLE CHIPS 9

Crispy Potato Chips, Gorgonzola Cheese, Scallion, Roma Tomato, Bacon

### TAVERN WINGS 11.5

Crisp Celery, Carrots, House-Made Gorgonzola Dressing

### GF - MARLOW'S FAMOUS HUMMUS 8.5

Classical Creamy Hummus, Crisp Veggies, Extra Virgin Olive Oil

### SMOKED TROUT DIP 8.5

Smoked Trout, Olive Oil, Horseradish, Fresh Herbs, House-Made Potato Chips

## CRISP, COOL SALADS

Gluten Free Salad Dressings Include : Ranch, Caesar, Honey Lime Vinaigrette, Sweet Herb Vinaigrette, Creamy Gorgonzola, Dijon Vinaigrette

### GF - TAVERN 6.5

Baby Artisan Field Greens, Boston Bibb, Radish, Carrot, Garbanzo, Spiced Seeds, Sweet Herb Vinaigrette  
*Grilled Chicken +5 | \*Grilled Salmon +9.5*

### \*GF - BLACK AND BLUE STEAK 15

Grilled Beef Tenderloin, Field Greens, Vine Ripe Tomato, Crumbling Gorgonzola, Scallion, Pickled Red Onion, Creamy Gorgonzola Dressing

### GF - CLASSIC CAESAR 7

Romaine Hearts, Tuscan Kale, Chopped Egg, Parmesan, Oven Roasted Tomato, Caesar Dressing  
*Blackened Chicken +5 | \*Blackened Salmon +9.5*

### CHICKEN TORTILLA 12.5

Prestige Farms Chicken, Field Greens, Avocado, Tomato, Carrot, Cucumber, Fresh Cilantro, Tortilla, Honey Lime Vinaigrette

### \*ASIAN AHI TUNA 15.5

Spice Crusted Ahi Tuna, Field Greens, Roma Tomato, Fresh Avocado, Edamame, Cucumber

## BIG BAR SANDWICHES

Sandwiches Can Be Prepared in a Crisp Lettuce Wrap, Corn Tortillas or No Bread Your Choice of Side Bar Selection

### GF - INFAMOUS FISH TACOS 12.7

Blackened Tilapia, Red Cabbage & Jicama Slaw, Black Bean Corn Salsa, Smoked Chili Cream

### GF - THE CUBAN 11.5

Slow Roast Pork, Black Forest Ham, Swiss, Pickle, Mustard Mojo Slather

### GF - BUFFALO CHICKEN WRAP 11

Grilled Chicken, Spicy Buffalo Sauce, Jack Cheese, Lettuce, Tomato, Ranch

## TAVERN FAVORITES

### \*GF - GRILLED ATLANTIC SALMON 18.7

Kale, Grapes, Toasted Almonds, Beurre Blanc

### \*GF - GRILLED CENTER CUT FILET 25

Crispy Smashed Red B Potato, Tiny Green Beans, Red Wine Demi Reduction

### GF - SHRIMP & GRITS 17

Jalapeño Corn Grits, Sautéed Spinach, Roma Tomato, Shallot, Roast Tomato Beurre Blanc

## CLASSIC TAVERN BURGERS

Burgers Can Be Prepared in a Crisp Lettuce Wrap, Corn Tortillas or No Bread Your Choice of Side Bar Selection

### \*GF - TAVERN BURGER 10

Our Classic, Simple and Seasoned Perfectly, Romaine, Red Onion, Roma Tomato

*Add any Cheese in the Kitchen +1.8*

*Try our House-Made Tomato Bacon Jam...it's delicious...and FREE  
Not a fan of beef? Sub with grilled Prestige Farms Chicken*

### \*GF - GRILLED CHICKEN SANDWICH 9.9

### \*GF - BLACK AND BLUE BURGER 13

Gorgonzola, Apple-Wood Smoked Bacon

### \*GF - ROYALE WITH CHEESE 15

Wagyu Beef Seared Perfectly & Stacked, American Cheese, Dill Pickle

## SIDE BARS

ALL 3.5

NICE SMALL SALAD • HAIL LITTLE CAESAR SALAD  
FRESH FRUIT • JALAPEÑO CORN GRITS

## KID'S FUN FOODS | ALL 5

### \*GF - TWO TINY BURGERS

Two Mini Marlow's Burgers with Cheddar Cheese  
No Bun or in a Crisp Lettuce Wrap

### \*BIG KID STEAK +4.5

Grilled Tenderloin Cooked the Way Mom Likes it,  
Tavern Fries and Steamed Broccoli

### GF - TAVERN-STYLE CHICKEN FINGERS

Grilled Chicken Skewered With Honey Mustard

## SWEET STUFF

### GF - CLASSIC CREME BRULEE 6

This NYC Classic, House-Made with Madagascar Vanilla Bean and Crispy Sweet Crust

### GF - SCOOP VANILLA BEAN ICE CREAM 3

## ICE COLD BEER

STONE DELICIOUS IPA, CA ABV 7.7 (GLUTEN REDUCED) 6.00



\*ITEMS MARKED WITH AN ASTERISK\* MAY BE SERVED RAW OR UNDERCOOKED: CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS. BURGERS, STEAKS, TUNA AND SALMON COOKED TO ORDER. 1