



## ALLERGEN MENU

WE INCLUDE THE TOP 9 MAJOR ALLEGENS IN THIS MENU:

Milk, Eggs, Soybeans, Fish, Shellfish, Sesame, Wheat, Peanuts, Tree Nuts.

### START | SNACK | SHARE

**MT HUMMUS** – Sesame, Milk, Wheat  
**SHRIMP & CRAB “NACHO” PLATE** *(fried)* – Fish, Shellfish, Egg  
**TAVERN WINGS** *(fried)* – Milk, Egg  
**FIRECRACKER SHRIMP** *(fried)* – Egg, Wheat, Shellfish, Peanuts, Soybeans  
**CARNITAS DUCK SPRING ROLLS** *(fried)* – Milk, Wheat, Egg  
**TRUFFLE PARMESAN FRIES** *(fried)* – Milk  
**PARMESAN CRAB DIP** *(fried)* – Fish, Shellfish, Milk, Egg  
**J.T.'S KETTLE CHIPS** *(fried)* – Milk, Egg  
**\*AHI TUNA POKE** *(fried)* – Soybeans, Sesame, Fish  
**ASPARAGUS FRIES** *(fried)* – Wheat, Egg  
**\*SEARED BEEF CARPACCIO** – Egg, Milk, Wheat, Sesame  
**SMOKED TROUT DIP** – Egg, Fish, Wheat  
**MELON & BASIL BURRATA** – Milk, Egg, Wheat  
**BRISKET GRILLED CHEESE SLIDERS** – Milk, Egg, Soybeans, Wheat  
**SOUP OF THE DAY & FLATBREAD** – Changes Daily

### CRISP COOL SALADS

**CLASSIC CAESAR** – Egg, Milk, Wheat  
**\*ASIAN SOY MISO SALAD** – Soybeans, Egg  
**\*BLACK & BLUE STEAK** *(fried)* – Milk, Egg  
**GARDEN COBB SALAD** – Milk, Egg  
**TAVERN SALAD** – Sesame

### ADD ONS

**JUMBO SHRIMP** – Shellfish  
**\*ATLANTIC SALMON** – Fish  
**\*SPICE-SEARED TUNA** *(fried)* – Fish  
**TEMPURA TOFU** *(fried)* – Soybeans, Wheat

### BIG BAR SANDWICHES

**GRILLED CHICKEN** – Egg, Wheat, Milk, Sesame  
**INFAMOUS FISH TACOS** – Fish, Egg  
**CHICKEN PANINI** *(fried)* – Wheat, Milk, Egg  
**PRIME RIB FRENCH DIP** – Wheat, Egg, Milk  
**CRISPY GROUPER** *(fried)* – Fish, Wheat, Egg  
**THE DELI STACK** – Milk, Egg  
**CHILI CRISP BANH MI WRAP (w/ tofu)** *(fried)* – Milk, Egg, Wheat, Soybeans  
**CHILI CRISP BANH MI WRAP (w/ fried chicken)** *(fried)* – Milk, Egg, Wheat  
**CHILI CRISP BANH MI WRAP (w/ grilled chicken)** – Milk, Egg, Wheat

### STEAKHOUSE CUTS

**HERB BUTTERED CREAMER POTATO, BROCCOLI,  
BABY CARROT, SAUCE AU POIVRE** – Milk, Soybeans

### CLASSIC TAVERN BURGERS

**VERY VEGGIE** – Wheat, Milk  
**\*BLACK & BLUE** – Egg, Wheat, Milk, Sesame  
**\*CLASSIC TAVERN** – Egg, Wheat, Milk, Sesame  
**KICKIN' TURKEY** *(fried)* – Egg, Wheat, Milk

### TAVERN FAVORITES

**V&G BUDDHA BOWL** *(fried)* – Wheat, Soybeans  
**V&G BUDDHA BOWL W/ TUNA POKE** *(fried)* – Wheat, Soybeans, Sesame  
**\*GRILLED ATLANTIC SALMON** – Fish, Milk, Wheat, Tree Nuts  
**PAN SEARED CHICKEN PICCATA** – Wheat, Egg, Milk  
**\*ROYALE WITH CHEESE** *(fried)* – Milk, Sesame  
**SHRIMP & GRITS** – Wheat, Milk, Shellfish  
**POLLO AL CARBON** – Milk  
**PAN SEARED TROUT** – Milk, Egg, Fish

### SIDES

**CHICKPEA FRIES** *(fried)* – Wheat, Milk, Egg  
**TAVERN ONION RINGS** *(fried)* – Wheat  
**WHITE CHEDDAR MAC & CHEESE** – Wheat, Milk  
**HAND-CUT TAVERN FRIES** *(fried)*  
**ASPARAGUS FRIES** *(fried)* – Wheat, Egg  
**WHITE CHEDDAR GRIT CAKE** *(fried)* – Wheat, Milk  
**FRESH FRIED OKRA** *(fried)* – Wheat  
**HAIL LITTLE CAESAR SALAD** – Wheat, Egg  
**PARMESAN ROASTED BROCCOLI** – Milk  
**TRUFFLE PARMESAN FRIES** *(fried)* – Milk  
**NICE SMALL SALAD** – Sesame

### SWEET STUFF

**CRÈME BRULÉE** – Milk  
**COFFEE BUTTER CAKE** – Wheat, Milk  
**CHEESECAKE** – Milk

### KIDS MENU

**KIDS MAC & CHEESE** – Wheat, Milk  
**\*KIDS BURGERS** – Wheat, Egg, Milk  
**KIDS CHICKEN FINGERS** *(fried)* – Wheat, Milk  
**KIDS QUESADILLAS** – Wheat, Milk  
**\*KIDS SURF & TURF** *(fried)* – Shellfish, Wheat, Egg, Milk

Items with the *(fried)* notation contain at least one ingredient prepared in a shared fryer and could cross-contaminate with shellfish or wheat.

\*ITEMS MARKED WITH AN ASTERISK\* MAY BE SERVED RAW OR UNDERCOOKED; CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS. BURGERS, STEAKS, TUNA AND SALMON COOKED TO ORDER.