

Summer Lunch Kids' Kits & Guidelines

Summer Lunch defines "complete Kids' Kits" as specified below. Contact Summer Lunch Coordinator to coordinate the date, time, and location to drop off donated Kids' Kits. Please mark "MUST Summer Lunch" when donating.



Guidelines

- Wash your hands before preparing the Kids' Kits.
- Please be sure that the preparation area is wiped down with disinfectant cleaner and dried before preparing Kids' Kits.
- We like to provide the children with a variety of foods. Kids' Kits suggestions are below.
- Please use new plastic bags when putting the Kids' Kits together.
- We are providing breakfast & lunch in each bag for 5 days.

Kids' Kits Preparation

- Use room temperature juice boxes or 8oz. bottle of water.
- Place juice boxes into the bottom of plastic bags. Then put other items into the lunch bag (heaviest /non-crushable items first).
- All items need to be non-perishable. Please do not use food that is close to its expiration date.
- Please do not include tracts or other religious materials in the bags.
- Each plastic bag will contain the following:
 - 10 drinks – 5 for breakfast & 5 for lunch
 - 5 breakfast entrées
 - 5 lunch entrées
 - 5 snacks

Kits Suggestions:

Drinks –	8 oz bottle of water Capri Sun Motts Apple juice	Lunch entrée –	Mac & Cheese cup Ramon Noodles Microwave pasta Rice cup Noodle bowl Slim Jim (2)
Breakfast entrée -	Cereal cups Breakfast bar Pop tarts Oatmeal packet Grits Packet Pre-packed muffins	Snack Item -	Bag of chips/cookies Fruit Snacks/Fruit roll-ups Raisins Pretzels Sandwich crackers Cheese dip & pretzel sticks

Please Contact MUST Summer Lunch at Summerlunch@mustministries.org