KIDS’ KITS GUIDELINES

- Wash your hands before preparing the Kids’ Kits.
- Please be sure that the preparation area is wiped down with disinfectant cleaner and dried before preparing Kids’ Kits.
- We like to provide the children with a variety of foods.
- Please use new plastic bags when putting the Kids’ Kits together.
- We are providing breakfast & lunch in each bag for 5 days.
KIDS’ KITS PREPARATION

- Use room temperature juice boxes or 8oz. bottle of water.
- Place juice boxes into the bottom of plastic bags. Then put other items into the lunch bag (heaviest / non-crushable items first).
- All items need to be non-perishable. Please do not use food that is close to its expiration date.

Please do not include tracts or other religious materials in the bags.
KIDS’ KITS SUGGESTED ITEMS

DRINKS – 8 OZ BOTTLE OF WATER    MOTT'S APPLE JUICE    CAPRI SUN

LUNCH ENTRÉE –  MAC & CHEESE CUP    RAMON NOODLES
                MICROWAVE PASTA    RICE CUP    NOODLE BOWL    SLIM JIM (2)

BREAKFAST ENTRÉE -  CEREAL CUPS    BREAKFAST BAR    POP TARTS
                    OATMEAL PACKET    GRITS PACKET    PRE-PACKED MUFFINS

SNACK ITEM -  BAG OF CHIPS/COOKIES    FRUIT SNACKS/
                  FRUIT ROLL-UPS    RAISINS    PRETZELS    SANDWICH CRACKERS
                            CHEESE DIP & PRETZEL STICKS
Begin with 5 breakfast items and 5 drinks
ADD ALL 10 ITEMS INTO YOUR PLASTIC BAG
ADD 5 SNACK ITEMS, 5 MORE DRINKS AND 5 LUNCH ITEMS
You should have a total of 10 drinks, 5 breakfast items, 5 lunch items and 5 snack items in each bag.
ONCE ALL ITEMS ARE ADDED PLEASE TIE THE PLASTIC BAG
Thank you for supporting MUST summer lunch!

If you have any questions, please contact us at Summerlunch@mustministries.org