

MUST SERVES 50,000 PEOPLE IN NEED

Spanning eight counties and countless housing units, programs and partnerships, MUST Ministries offers comprehensive wrap-around services to stabilize people living in poverty. As MUST celebrates 20 years of Gobble Jog, proceeds will continue to support food, housing (including the new Hope House shelter for 136 people!), workforce development, Summer Lunch, Toy Shops, mobile pantry and pantries embedded in schools.

You can get involved with changing lives by volunteering, giving, donating in-kind items and attending our fund-raising events.

LEARN MORE

WWW.MUSTMINISTRIES.ORG



1 ONLINE

Now through Sunday, Nov. 20 at www.GobbleJog.org

2 U.S. MAIL

Must be postmarked by Friday, Nov. 11. Mail to Gobble Jog, PO Box 1717, Marietta, GA 30061

3 PACKET PICKUP

Wednesday, Nov. 23, 10 a.m. - 6 p.m., at the Cobb Civic Center.



Register for the Untimed 10K, 5K, 1K and Tot Trot on the Marietta Square beginning at 6:30 a.m.

If you are a timed runner, please register NOW as there will be NO TIMED RACE DAY REGISTRATION.

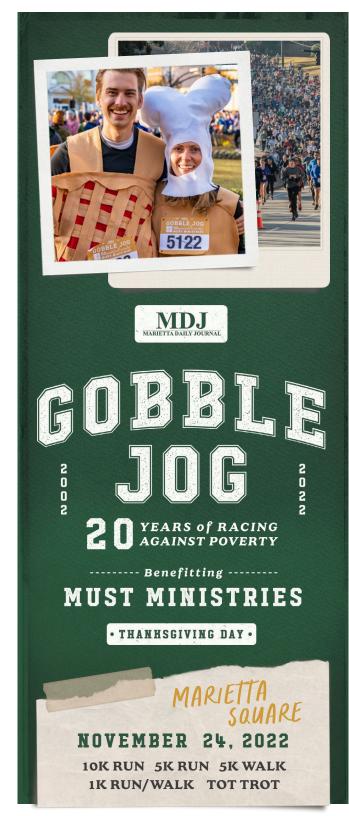
PACKET

WEDNESDAY NOV 23 10AM - 6PM

COBB CIVIC CENTER

548 South Marietta Pkwy SE Marietta, GA 30060

We will have an expanded packet pick up again this year with family activities and vendor booths. When you pick up your race number and t-shirt, please take time to visit our sponsors and enjoy Food Truck and activities!



BE A TEAM PLAYER!

Invite your friends, family and co-workers to run in any race division. A team is 10 or more registered by Nov. 17. One team member can pick up race packets and t-shirts at Packet Pickup by emailing teamgobblejog@gmail.com. When registering online, the team captain must create the team before others can join.

PHANTOM/VIRTUAL RUNNERS

If you're going to be out of town or in the kitchen on Thanksgiving, sign up as a Phantom Runner for \$30. You'll get a t-shirt. You will receive an email after the race asking you to pick it up at the MUST office if you are local.

FUNDRAISE FOR MUST!

Please help **MUST** provide for our neighbors in need by fundraising. It's easy! When you register online, you will have your own fundraising page. Solicit donations by emailing the link to your friends or posting it on social media.

VIP RUNNERS

Go even farther to help your neighbors in need by being a VIP runner! When you add \$75 to your registration fee, you'll receive VIP treatment, including admission to the warm, indoor VIP area at The Strand Theater, premium snacks and beverages, and a special race shirt. And, most importantly, indoor restrooms! Hurry – this is limited to 150 runners!

SPONSORED BY:



VOLUNTEER OPPORTUNITIES

Want to help serve at Gobble Jog? Join the hundreds of volunteers who pitch in on Wednesday and Thursday to make Gobble Jog successful. Please go to www.GobbleJog.org and click on the volunteer link for a list of available positions.

REGISTRATION FEES

| RACE | Thru Sept 30 | Oct 1 - Nov 20 | Nov 21 - 24* |
|------------|-----------------|-------------------|-----------------|
| Timed 10K | \$35 | \$40 | \$50 |
| Timed 5K | \$35 | \$40 | \$50 |
| Untimed 5K | \$30 | \$35 | \$45 |
| Untimed 1K | \$30 | \$35 | \$45 |
| Tot Trot | \$20 | \$25 | \$25 |

*NO RACE-DAY REGISTRATION FOR TIMED RUNNERS.

Online registration closes Sunday, Nov. 20 at midnight. Last-minute registration may be done on Wednesday, Nov. 23, from 10AM- 6PM at the Packet Pickup.

RACE DAY SCHEDULE

6:30AM Packet pickup/Registration

7:30AM 10K Run (timed)

8:45AM 1K Fun Run/Walk

9:00AM 5K Run (timed)

9:05AM 5K Run/Walk (untimed)

10:30AM Tot Trot

*10K RUNNERS WILL BE TIMED THROUGH 90 MINUTES AND ONLY IF REGISTERED IN ADVANCE.

REGISTRATION FORM

PLEASE PRINT CLEARLY

| Race (Check One): ☐ Timed 10K ☐ Timed 5K ☐ Untimed 5K ☐ Untimed 1K ☐ Tot Trot ☐ Phantom Runner ☐ VIP (category) | | | |
|---|--|--|--|
| | | | |
| Last Name | | | |
| First Name | | | |
| Address | | | |
| City State Zip Code | | | |
| / / | | | |
| DOB Phone # | | | |
| □M□F | | | |
| Age Gender | | | |
| Email | | | |
| Team Name (if applicable) | | | |
| T-Shirt Size (Circle One): | | | |
| Youth Size: S(6-8) M(10-12) L(14-16) | | | |
| Adult Size: S M L XL XXL (add \$2.00 to entry fee for XXL) | | | |
| Entry Fee | | | |

MUST is a 501(c)3 non-profit organization and does not sell or give out any donor information to any organization or company.

Please print "Gobble Jog" in the memo section of the check.

Make checks payable to MUST Ministries.

Mail to Gobble Jog, PO Box 1717, Marietta, GA 30061.

I hereby grant full permission to any and all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose including commercial advertising, without monetary payment to me. Further, by signing this release I agree to the full release and waiver disclosure found on our website at www.gobblejob.org.

Runner's Signature (Parent/Guardian if under 18)