

ICE & COMPRESSION MACHINE

*Optimize Your Recovery
& Minimize Pain
and Swelling*

- Reduced pain
- Faster return to activities and work
- Less physical therapy required during recovery
- Improved sleep
- Reduced swelling
- Decreased use of opioid pain medication post-op



We carry **two options**, both designed for use on the Shoulder, Knee and Hip

Cold Therapy & Compression

POLAR CARE WAVE by Breg: \$250

Varied Levels of Cold and Compression settings.

10 seconds to reach maximum compression and 10 seconds to release compression.

Cold Therapy

POLAR CARE CUBE by Breg: \$145

Easy-to-use! Just plug it in to start!

Semi-closed loop circulation system which maintains consistent and accurate temperature.

Ice and Compression machines are cash pay and not covered by insurance.