

## PROLIANCE ORTHOPEDIC ASSOCIATES' POSITION ON MARIJUANA USE

Marijuana and marijuana-infused products are legal within Washington state, however, use of such products is not without risk.

**We ask that you notify us of the use of any marijuana or marijuana-infused products. As potential interactions between marijuana and medications are not well-studied, our recommendation is to avoid all marijuana products prior to and after surgery to minimize the risk of complications. If you elect to continue with use of such products, we consider this to be an educated decision on your part after weighing the risks and benefits, with acknowledgment of the potential for increased risks or complications from surgery or any prescribed medications.**

Regardless of how marijuana is used (smoking, vaping, ingesting), like most other drugs or medications, THC and CBD (the most well-known cannabinoids in marijuana) are both metabolized by the liver. Therefore, even though marijuana is a plant, it can interact with a number of other drugs or medications. If you take prescription medications and use marijuana, it would be wise to discuss this with your care providers and pharmacist for your safety.

For additional information, please visit:  
<https://lcb.wa.gov/mj-education/general-info>  
<http://learnaboutmarijuanawa.org>

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