



Prevena™
Incision Therapy

Discharge with Confidence

Your care team is committed to sending you home with everything you need. Now it's time to make sure you have the right supplies.

3M™ Prevena™ 125 Therapy Unit or a 3M™ Prevena™ Plus 125 Therapy Unit.
Check to make sure you know your pump.

Physician name: _____

Date of placement: _____

Facility placed: _____

Date to be removed: _____

Surgeon approved patient to shower? ☐ Yes ☐ No



- ☐ Prevena 125 Therapy Unit
- ☐ Lot number of pump: _____



- ☐ Extra 3M™ Prevena™
45ml Canisters
(as prescribed by your surgeon)



- ☐ A carrying case with
adjustable strap



- ☐ 3M™ Prevena™ Patch Strips



- ☐ Prevena Plus 125 Therapy Unit
- ☐ Lot number of pump: _____



- ☐ Extra 3M™ Prevena™
150ml Canisters
(as prescribed by your surgeon)



- ☐ A carrying case with
adjustable strap



- ☐ 3M™ Prevena™ Patch Strips



- ☐ A battery charger
The Prevena Plus 125 Therapy Unit
(has a rechargeable battery)

or

Continue your healing journey after your surgery

Managing your incision is the start of your recovery. Your surgeon is sending you home with the 3M™ Prevena™ Incision Management System to help with the healing process. This discharge kit aims to ensure you are sent home with everything you need for use of the system while on your healing journey.

This state-of-the-art technology helps give you confidence that your incision is protected as you heal, and may help you feel more like yourself again.

See what's inside your discharge kit

Patient Brochure

In this brochure, you'll learn about the Prevena Incision Management System, how it works, everyday tips for wearing and caring for your system.

Prevena Therapy Quick Guides

Instructions vary by model, follow the guide for your pump.

Prevena Therapy Patient Video

In this brief video, you'll learn about the Prevena Incision Management System, how it works, everyday tips for wearing and caring for your system and how to read and troubleshoot the alerts on your unit.

<https://youtu.be/IIB-p9jGZZg>



Scan code with your phone camera to see how the Prevena Incision Management System works

Step 1: Point the camera at the QR Code above

Step 2: Click on the notification link



Place all your Prevena Therapy contents in this bag. Don't forget the carrying case and extra canisters, if they were prescribed by your surgeon.

Have a question about the Prevena Incision Management System. Help is just a call away: **800-275-4524**



3M Company
2510 Conway Ave.
St. Paul, MN 55144 USA

Phone 1-800-228-3957
Web 3M.com/Medical

IMPORTANT INFORMATION:

Patients: It is important that you discuss any potential benefits and risks of a specific therapy with your doctor to decide whether it is right for you. Please consult your treating medical professional regarding specific questions and important information related to Prevena Therapy indications, limitations, contraindications, warnings, precautions and operation. Rx only.

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PRA-PM-US-03444 (09/21)

Troubleshooting

Need help with your 3M™ Prevena™ Incision Management System?

Follow the QR code that matches your therapy unit on the back to learn how it works, everyday tips for wearing and caring for your system and how to troubleshoot the alerts on your unit.

Scan QR codes below for troubleshooting app

Step 1: Point the Camera at the QR code

Step 2: Click on the notification link



3M™ Prevena™ 125
Therapy Unit



3M™ Prevena™ Plus
125 Therapy Unit

NOTE: Specific instructions, limitations, contraindications, warnings, precautions, and safety information exist for these products and therapies. Please consult a clinician and product instructions for use prior to application. Rx only.

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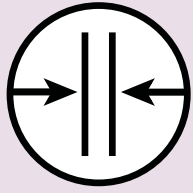


Prevena™
Incision Therapy

**Your doctor has chosen
3M™ Prevena™ Therapy
for management of
your surgical incision.**



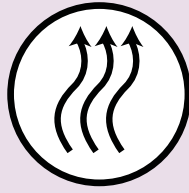
Your doctor has selected the **3M™ Prevena™ Therapy System** to help protect your incision by:



Helping hold incision edges together



Providing protection from outside sources of infection

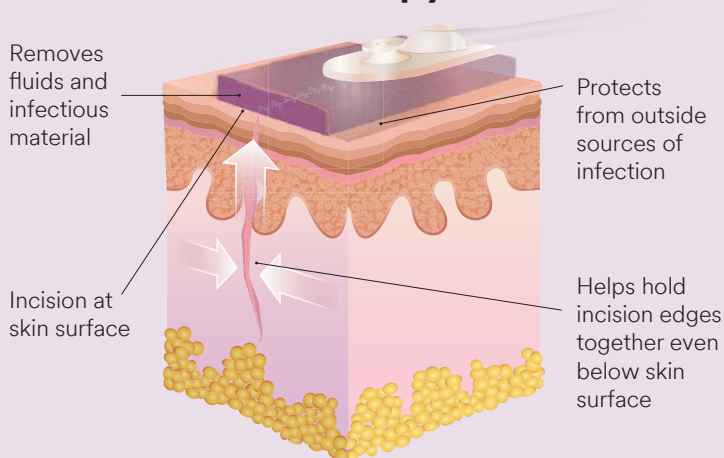


Removing fluid from the incision site

Protecting your incision is important to your recovery

- An **incision** is a cut through the skin and tissue of the body that is made during surgery and then closed using products such as surgical stitches, staples, or a combination of these methods
- Incisions heal at the skin surface as well as below
- Taking care of your incision is a key step that may impact both your recovery time and your quality of life

3M™ Prevena™ Therapy



FAQs

How long do I keep Prevena Therapy on my incision?

Wear the system for as long as your doctor has ordered. The therapy unit will turn off automatically at 7 days or 14 days, depending on your unit.

Will my incision dressing need to be changed?

The dressing is not typically changed. Follow your doctor's instructions.

What happens if my Prevena Therapy System alarms?

The therapy unit has alarms that you can see and hear to alert you of a potential issue, such as a low battery or air leak. In most cases the issue is easily resolved. Refer to the Prevena Therapy Patient Guide or call **800-275-4524** if you have questions.

Where do I get more information?

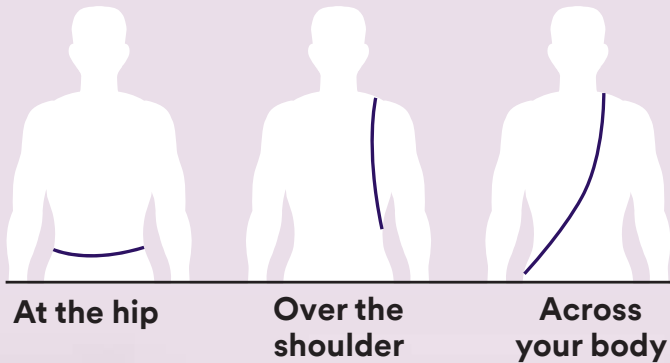
Your Prevena Therapy Patient Guide has more complete safety information and details on how to use your Prevena Therapy. You may visit **prevena4patients.com** to obtain more information on Prevena Therapy.

For answers to more questions, call **800-275-4524** to speak with a Prevena Therapy Specialist.

Contact your doctor with any medical questions. In the case of an emergency, call your local medical resource (ie 911).

How to wear your Prevena Therapy Unit

This portable unit should **always** be kept on for the time your doctor has instructed. For sleeping and showering, follow the instructions listed in this brochure. The unit can be worn under your clothing and includes a carrying case with adjustable straps, so you can use multiple ways.



NOTE: The Prevena Therapy System is not indicated for use in children.

What is Prevena Therapy?

Prevena Therapy is a portable, disposable system, which uses **negative pressure** (like a vacuum) to protect your incision.

Meet your Prevena Therapy System

You will be provided after surgery with the 3M™ Prevena™ Peel and Place Incision Management System or the 3M™ Prevena™ Plus Peel and Place Incision Management System. Both Prevena Therapy Systems work similarly with just a few differences.

Your system includes:

- A therapy unit that provides negative pressure to the dressing
- A dressing with a water resistant cover that is placed over your incision
- A connection tube
- A canister where incision fluid is collected
- A battery charger (The 3M™ Prevena™ Plus 125 Therapy Unit has a rechargeable battery)
- A carrying case with adjustable straps



NOTE: The Prevena Therapy System can be used on different incision types. Your incision size and location may vary from what is shown in the above image.

Caring for your Prevena Therapy Unit

3M™ Prevena™ Plus 125 Therapy Unit

System:

Keep your therapy unit in a safe place where:

- Tubing will not become kinked or pinched
- It cannot be pulled off a table or dropped onto the floor



Showering:

If cleared by your doctor, a quick, light shower is ok. Keep the therapy unit away from direct water spray. **Do not submerge dressing in water. Before showering, disconnect the dressing from the therapy unit.**

1. Hold the On/Off button down until therapy stops
2. If applicable, close the clamp located on the connection tubing
3. Disconnect the tubing from the therapy unit
 - When towel drying, be careful not to disrupt the dressing

See 3M™ Prevena™ Plus 125 Therapy Unit Patient Guide for additional details.

Batteries:

- This therapy unit has a rechargeable battery and comes with a charger
- Bring your charger with you if you are gone for extended periods of time
- For convenience, consider charging your therapy unit battery while you are sleeping

3M™ Prevena™ 125 Therapy Unit

System:

Keep your therapy unit in a safe place where:

- Tubing will not become kinked or pinched
- It cannot be pulled off a table or dropped onto the floor



Showering:

If cleared by your doctor, a quick, light shower is ok. Keep the therapy unit away from direct water spray. **Do not submerge dressing in water.**

- When towel drying, be careful not to disrupt the dressing

See 3M™ Prevena™ 125 Therapy Unit Patient Guide for additional details.

Batteries:

- This therapy unit comes with three AA size batteries and cannot be recharged
- It is recommended that you keep extra batteries on hand. If the batteries run out, consult your Prevena Therapy Patient Guide on how to replace the batteries

Your 3M™ Prevena™ Incision Dressing

Do not attempt to remove or peek under the dressing while therapy is being applied.

Prevena Therapy Specialists are here to support you. Call **800-275-4524** with questions or to speak to a clinician trained on your Prevena Therapy System.

Visit **prevena4patients.com** for a copy of the Prevena Therapy Patient Guide.

Important Information

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Phone 1-800-228-3957
Web 3M.com/Medical

Clinician discharge checklist

3M™ Prevena™ Incision Dressing **placed on** _____

Dressing to be **removed on** _____

by _____

Confirm that the Prevena Incision Dressing has a good seal

Determine if the incision is still draining and if extra canisters are needed

Identify the patient’s correct Prevena Therapy and corresponding canisters



#PRE1095

3M™ Prevena™ 125 Therapy Unit



#PRE4095

3M™ Prevena™ Plus 125 Therapy Unit

Review the power supply:

- The Prevena 125 Therapy Unit runs on AA batteries
- The Prevena Plus 125 Therapy Unit has a rechargeable battery that will typically last ~9 hours on a charge

Send the patient home with:

- Extra canisters
- Prevena Therapy Patient Guide
- Power cord (Prevena Plus Therapy Unit only)
- 3M™ Prevena™ Patch Strips/extra drape

Review patient resources

Support: 800-275-4524
prevena4patients.com

Notes: _____

Tear along the lines



Prevena™
Incision Therapy

3M™ Prevena™ Incision Management System & You

Get to know your Prevena Incision Management System.
It's easy and you can learn more with our instructional video.

Scan code with your
phone camera to see
how the Prevena Incision
Management System works



Step 1

Point the camera at the
QR Code on the left



Step 2

Click on the
notification link

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PRA-PM-US-03005 (03/21)

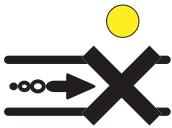
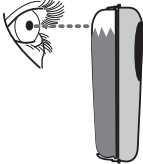




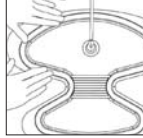
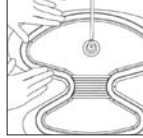
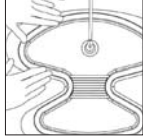

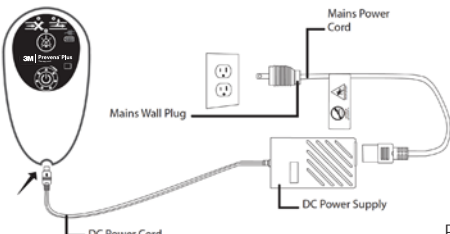












Prevena Restor™

Postoperative Recovery

Quick Guide

3M™ Prevena™ Plus 125 Therapy Unit - 14 Day Indicators and Alerts

Alert type	How to fix
Blockage Alert  Audible blockage alert will sound two beeps repeating every 15 seconds	 Check for a full canister  Check for kinked tubing
Leak Alert  Leak Alert will sound two beeps repeating every 15 seconds	 Ensure canister is security locked onto the therapy unit. When canister is installed, a distinct click will be heard.  Check dressing tubing connector at canister.  Press down through drape onto the adhesive seal all the way around to ensure seal  Use fingers to smooth out any creases or wrinkles  Use 3M™ Prevena™ Patch Strips or excess drape along the outer edge of drape to seal leaks
Low Battery Alert  Alert will sound two beeps repeating every four minutes	 Mains Wall Plug Mains Power Cord DC Power Supply DC Power Cord Charging Fully charged Power Connected  Full charge (approx. 9 hours remain)  Medium charge (approx. two-seven hours remaining)  Low charge (approx. two hours of therapy remain). Charge unit immediately to avoid disruption of therapy.
System Fault Alert  All LEDs flashing and two beeps every 15 seconds	Turn therapy unit off then on  Off  On  Continue therapy  Call 1-800-275-4524
Alert Mute Button 	Press and hold center of the alert mute button for three seconds during an alert condition to silence the audible alert for two minutes. When pressed, the alert mute button will illuminate to indicate mute has been selected. The alert will re-occur after two minutes unless the alert condition has been corrected
Therapy Ended  When therapy begins, all seven green LEDs are illuminated. During the last six days of therapy, after each 24-hour period, an indicator will turn off.	<ul style="list-style-type: none">A solid yellow LED at the top of the Therapy Life Indicator will turn onThe therapy unit will sound eight beeps, followed by a continuous beep for five seconds, then the therapy unit will turn offNotify the treating physician or caregiver: If the therapy unit has completed the seven day therapy and has timed out, and an attempt is made to turn the therapy on, the therapy unit will sound an alert for three seconds then shut off

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2510 Conway Ave
St. Paul, MN 55144 USA

Phone 1-800-275-4524 (NPWT products)
1-800-228-3957
Web 3M.com/medical

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Prevena™
Incision Therapy

3M™ Prevena™ 125 Therapy Unit indicators and alerts



Caution
Indicator


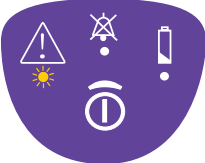
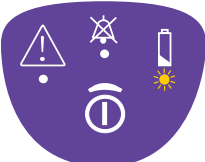
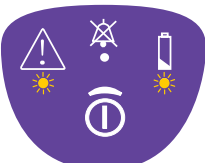
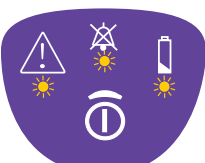


Audible Alarm
(muted)

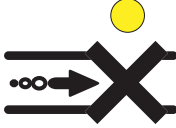
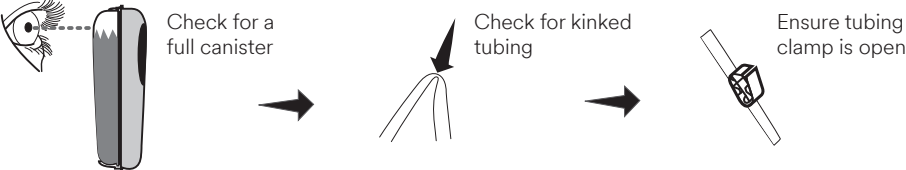

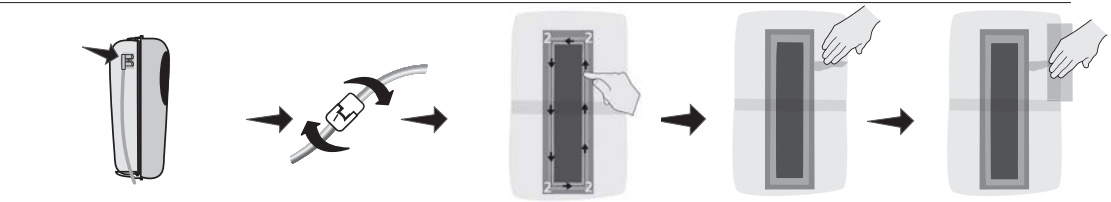
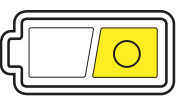
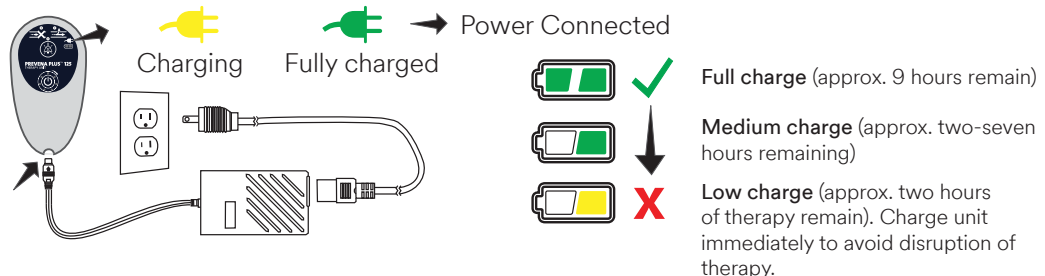

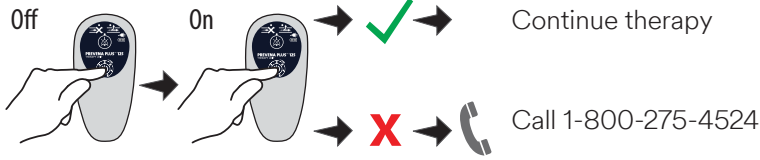




Battery
Level

This is a quick guide, further details are in the 3M™ Prevena™ Therapy Clinician Guide

Alert type	How to fix
<p>Leak Alert One beep, one solid yellow light</p> 	<p>To ensure proper application of the 3M™ Prevena™ Incision Dressing, the Prevena 125 Therapy Unit provides the Visicheck™ Feature. Double press ON/OFF button.</p> <ul style="list-style-type: none"> - One light: Best - Two lights: Good - Three lights: Marginal <p>If the Visicheck™ Feature indicates a “Marginal” leak rate condition, follow these steps:</p> <ul style="list-style-type: none"> - Ensure canister is locked into the unit - Check the tubing connectors to make sure they are fully engaged and locked - Use finger to smooth out any creases in the adhesive - Use Prevena Incision Dressing Patch Strips (located in the dressing package) to help seal leaks. - Slowly press firmly around dressing edges
<p>Canister Full Alert Two beeps, one solid yellow light</p> 	<p>Check fluid level in the canister</p> <ol style="list-style-type: none"> 1. If the canister isn't full check for kinks or pinched tubing 2. If the canister is full then turn the unit off 3. Call 1-800-275-4524
<p>Low Battery Alert Low- One slow beep, one solid yellow light Critical- One beep, repeating rapidly, increasing volume, two solid yellow lights</p> 	<p>This therapy unit comes with three AA batteries</p> <ol style="list-style-type: none"> 1. Hold five second to turn off 2. Press and push the panel on the back of the unit to open 3. Insert three AA batteries (lithium batteries recommended) 4. Press and push to close panel 5. Hold two seconds to turn on
<p>System Error Alert One Beep, repeating rapidly, increasing in volume, two solid yellow lights</p> 	<ol style="list-style-type: none"> 1. Hold for five seconds to turn off 2. Hold two seconds to turn back on 3. If the therapy is still not running call 1-800-275-4524
<p>Device Lifecycle Expired Three lights show life cycle is up. There will be a repeated beep for 15 seconds and then the unit will shut off.</p> 	<p>Call 1-800-275-4524</p> <p>Life cycle=192 hours (eight days)</p>

3M™ Prevena™ Plus 125 Therapy Unit indicators and alerts

Alert type	How to fix
Blockage Alert  Audible blockage alert will sound two beeps repeating every 15 seconds	 <p>Check for a full canister</p> <p>Check for kinked tubing</p> <p>Ensure tubing clamp is open</p>
Leak Alert  Leak Alert will sound two beeps repeating every 15 seconds	 <p>Ensure canister is security locked onto the therapy unit. When canister is installed, a distinct click will be heard.</p> <p>Check tubing connectors to ensure they are fully engaged and locked.</p> <p>Press down through drape onto the adhesive seal all the way around to ensure seal</p> <p>Use fingers to smooth out any creases or wrinkles</p> <p>Use 3M™ Prevena™ Patch Strips or excess drape along the outer edge of drape to seal leaks</p>
Low Battery Alert  Alert will sound two beeps repeating every four minutes	 <p>Charging Fully charged Power Connected</p> <p>Full charge (approx. 9 hours remain)</p> <p>Medium charge (approx. two-seven hours remaining)</p> <p>Low charge (approx. two hours of therapy remain). Charge unit immediately to avoid disruption of therapy.</p>
System Fault Alert  All LEDs flashing and two beeps every 15 seconds	<p>Turn therapy unit off then on</p>  <p>Off On</p> <p>Continue therapy</p> <p>Call 1-800-275-4524</p>
Alert Mute Button 	<p>Press and hold center of the alert mute button for three seconds during an alert condition to silence the audible alert for two minutes. When pressed, the alert mute button will illuminate to indicate mute has been selected. The alert will re-occur after two minutes unless the alert condition has been corrected</p>
Therapy Ended 	<ul style="list-style-type: none"> A solid yellow LED at the top of the Therapy Life Indicator will turn on The therapy unit will sound eight beeps, followed by a continuous beep for five seconds, then the therapy unit will turn off Notify the treating physician or caregiver: If the therapy unit has completed the seven day therapy and has timed out, and an attempt is made to turn the therapy on, the therapy unit will sound an alert for three seconds then shut off



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